Giant anteaters can be found in Latin America from southern Belize to northern Argentina. They travel constantly in search of food, being careful to only take a small number of insects from each nest so as to not overexploit their food sources. Anteaters have a specialized tongue which allows them to eat up to 30,000 insects in one day including termites, ants, beetles, larger insect larvae, and worms. Protect the habitat of the giant anteater, visit [http://www.rainforest-alliance.org/programs/aar](http://www.rainforest-alliance.org/programs/aar).