

APPENDIX B: HERBS AND SPICES

Crop / Ingredient List

Effective: January 2023

Any crop / ingredient not on this list is not eligible for the specific herbs and spices product labeling rules, and must follow those set out for general cases.

Clarification on the scope of the Herbs and Spices Program:

All herbs and spices and other herbal tea ingredients can be certified as part of the Herbs & Spices Program. Herbal tea ingredients include crops which don't classify as a herbs or spice, but are used in herbal teas, for example dried flowers or dried fruits.

Any herbs and spices that are certified as part of the Herbs & Spices Program can also be used in other products, such as personal care or processed food, carrying the RA seal using the herbs and spices specific labeling rules.

Any crop in the Herbs and Spices program (such as fruits and vegetables) that is not a herbs or spice cannot be used in other products carrying the RA seal. Fruits and vegetables used in other products need to be certified as part of Rainforest Alliance fresh fruits and vegetables program or processed fruits program and must follow the labeling rules set out for general cases.

Açaí	Ashwagandha	Boldo
Acerola (juice granules, leaves, pieces)	Asparagus (pieces)	Borage
Agathosma Betulina ("Buchu")	Balm hawthorn	Boysenberry (juice granules, leaves, pieces)
Ajwin	Banana (juice granules, pieces)	Burnet root
Alfalfa	Barberry (juice granules, leaves, pieces)	Butterfly pea
Allspice	Basil	Calendula
Aloe Vera	Bay Leaf	Camellia Oleifera
Angelica	Beet	Camphor oil and leaves
Anise / Aniseed	Bergamot (including oil)	Caraway seed
Apple (blossoms, juice granules, leaves, pieces)	Bibernell	Cardamom
Apple mint	Bitter orange ((blossoms, juice granules, leaves, peel, pieces)	Carnation
Apricot (blossoms, juice granules, leaves, pieces)	Blackberry (juice granules, leaves, pieces)	Carob
Aronia	Blackthorn	Carrot
Artichoke (blossom and leaves)	Blessed thistle	Cassia
Asafoetida	Blueberry (juice granules, leaves, pieces)	Catnip
Ash (leaves)	Bluet	Cayenne pepper
		Celery
		Centella
		Chamomile

Cheese poplar
Cherry (blossoms, juice granules, leaves, pieces)
Chervil
Chicory
Chili pepper (all varieties)
Chive
Cicely
Cilantro
Cinnamon (all varieties)
Citrus (blossoms, juice granules, leaves, peel, pieces)
Citronella
Clove
Coconut (extract, natural flavor, pieces)
Cola nut
Common mullein
Coneflower
Coriander
Cornflower
Costmary
Cowslip
Crab apple (blossoms, juice granules, leaves, pieces)
Cranberry (juice granules, leaves, pieces)
Crisped mint
Cucumber
Cumin (black, white)
Curcuma
Curly Mint
Currant (black, red - juice granules, leaves, pieces)
Curry
Daisy
Dandelion

Dane weed
Date (blossoms, juice granules, leaves, pieces)
Dill
Dragonfruit (juice granules, leaves, pieces)
Echinacea
Elderberry
Elderflower
Erica
Eucalyptus
Fennel (bitter, light, sweet)
Fenugreek
Feverfew
Fig (juice granules, pieces)
Filé powder / Sassafras
Galangal
Garlic
Ginger
Ginkgo
Ginseng
Golden rhubarb
Gooseberry (juice granules, leaves, pieces)
Grains of paradise
Grapefruit (blossoms, juice granules, leaves, peels, pieces)
Guarana
Guava (juice granules, leaves, pieces)
Hawthorn
Heather
Helichrysum italicum
Hemp
Hibiscus (also white)
Honeybush

Hops
Horehound
Horseradish
Hyssop
Jasmine
Juniper
Lady's Mantle
Lapacho
Laurel
Lavender
Lemon (blossoms, juice granules, leaves, peel, pieces)
Lemon balm
Lemon myrtle
Lemon verbena
Lemongrass
Licorice / Liquorice
Lime (blossoms, juice granules, leaves, peel, pieces)
Linden
Lotus
Lovage roots
Lychee (blossoms, juice granules, leaves, pieces)
Mace
Mallow
Mandarin (blossoms, juice granules, leaves, peel, pieces)
Mango (juice granules, leaves, pieces)
Marigold
Marjoram
Marsh mallow
Meadowsweet
Melissa
Melon (blossoms, juice granules, leaves, pieces)

Mint
Moringa
Mustard (black, brown, white)
Nasturtium
Neem
Nettle
Nigella
Nutmeg
Oat
Orange (blossoms, juice granules, leaves, peel, pieces)
Oregano
Orthosiphon
Paprika
Parsley
Passion fruit (blossoms, juice granules, leaves, pieces)
Patchouli
Peach (blossoms, juice granules, leaves, pieces)
Pear (blossoms, juice granules, leaves, pieces)
Peony (blossom)
Pepper (black, white, pink)
Pepper (sweet)
Peppercorns
Peppermint
Pimento
Pineapple (juice granules, leaves, pieces)
Plum (blossoms, juice granules, leaves, pieces)

Pomegranate (juice granules, leaves, pieces)
Poppy seed
Primrose
Psyllium
Raspberry (juice granules, leaves, pieces)
Red clover (blossoms)
Rhubarb
Ribwort
Ribwort Plantain
Rose (petals)
Rose hip
Rosemary
Rue
Safflower
Saffron
Sage
Salvia
Sarsaparilla
Sassafras
Savory
Seabuckthorn berry
Sesame
Sessile joyweed / waterplant
Silver lime / Silver linden
Solidago virgaurea
Sorghum
Sorrel
Spearmint
Spinach (dried)
St. John's wort
Star Anise

Stevia
Stinging nettle
Stone Linden
Strawberry (blossoms, juice granules, leaves, pieces)
Sunflower
Sweet blackberry (juice granules, leaves, pieces)
Sweet Fennel
Taiga root
Tangerine (blossoms, juice granules, leaves, peel, pieces)
Tarragon
Terminalia
Thyme
Tulsi
Turmeric
Valerian
Vanilla
Vasaka
Vegetable hummingbird (Sesbania grandiflora)
Verbena
Wasabi
Welpenela / Weipenela (leaves)
Wild pear (blossoms, juice granules, leaves, pieces)
Willow bark
Willow herb
Yarrow
Yerba Mate

Scale Up Plan:

	From 2020 to 31 Dec 2021	From 1 Jan 2022 To 31 Dec 2025	From 01 Jan 2026
Certified content threshold	40%	50%	tbd