

## APPENDIX B: HERBS AND SPICES

### Crop / Ingredient List

Effective: March 2022

Any crop / ingredient not on this list is not eligible for the specific herbs and spices product labeling rules, and must follow those set out for general cases.

#### Clarification on the scope of the Herbs and Spices Program:

All herbs and spices and other herbal tea ingredients can be certified as part of the Herbs & Spices Program. Herbal tea ingredients include crops which don't classify as a herbs or spice, but are used in herbal teas, for example dried flowers or dried fruits.

Any herbs and spices that are certified as part of the Herbs & Spices Program can also be used in other products, such as personal care or processed food, carrying the RA seal using the herbs and spices specific labeling rules.

Any crop in the Herbs and Spices program (such as fruits and vegetables) that is not a herbs or spice cannot be used in other products carrying the RA seal. Fruits and vegetables used in other products need to be certified as part of Rainforest Alliance fresh fruits and vegetables program or processed fruits program and must follow the labeling rules set out for general cases.

[new crops/ingredients in bold]

Açaí	Asparagus (pieces)	Borage
Acerola (juice granules, leaves, pieces)	Balm hawthorn	Boysenberry (juice granules, leaves, pieces)
<b>Agathosma Betulina ("Buchu")</b>	Banana (juice granules, pieces)	Burnet root
Ajwin	Barberry (juice granules, leaves, pieces)	Calendula
Alfalfa	Basil	<b>Camellia Oleifera</b>
Allspice	Bay Leaf	Caraway seed
Aloe Vera	Beet	Cardamom
Angelica	Bergamot (including oil)	Carnation
Anise / Aniseed	Bibernell	Carob
Apple (blossoms, juice granules, leaves, pieces)	Bitter orange ((blossoms, juice granules, leaves, peel, pieces)	Carrot
Apple mint	Blackberry (juice granules, leaves, pieces)	Cassia
Apricot (blossoms, juice granules, leaves, pieces)	<b>Blackthorn</b>	Catnip
Aronia	Blessed thistle	Cayenne pepper
Artichoke (blossom <b>and leaves</b> )	Blueberry (juice granules, leaves, pieces)	Celery
Asafoetida	Bluet	Centella
Ash (leaves)	Boldo	Chamomile
Ashwagandha		Cheese poplar
		Cherry (blossoms, juice granules, leaves, pieces)
		Chervil

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Chicory

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Chili pepper

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Chive

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Cicely

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Cilantro

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Cinnamon (all varieties)

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Citrus (blossoms, juice granules, leaves, peel, pieces)

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Clove

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Coconut (extract, natural flavor, pieces)

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Cola nut

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Common mullein

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Coneflower

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Coriander

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Cornflower

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Costmary

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Cowslip

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Crab apple (blossoms, juice granules, leaves, pieces)

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Cranberry (juice granules, leaves, pieces)

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Crisped mint

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Cucumber

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Cumin (black, white)

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Curcuma

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Curly Mint

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Currant (black, red - juice granules, leaves, pieces)

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Curry

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Daisy

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Dandelion

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Dane weed

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Date (blossoms, juice granules, leaves, pieces)

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Dill

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Dragonfruit (juice granules, leaves, pieces)

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Echinacea

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Elderberry

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Elderflower

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Erica

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Eucalyptus

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Fennel (bitter, light, sweet)

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Fenugreek

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Feverfew

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Fig (juice granules, pieces)

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Filé powder / Sassafras

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Galangal

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Garlic

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Ginger

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Ginkgo

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Ginseng

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Golden rhubarb

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Gooseberry (juice granules, leaves, pieces)

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Grains of paradise

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Grapefruit (blossoms, juice granules, leaves, peels, pieces)

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Guarana

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Guava (juice granules, leaves, pieces)

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Hawthorn

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Heather

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Hemp

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Hibiscus (also white)

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Honeybush

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Hops

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Horehound

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Horseradish

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Hyssop

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Jasmine

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Juniper

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Lady's Mantle

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Lapacho

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Laurel

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Lavender

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Lemon (blossoms, juice granules, leaves, peel, pieces)

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Lemon balm

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Lemon myrtle

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Lemon verbena

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Lemongrass

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Licorice / Liquorice

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Lime (blossoms, juice granules, leaves, peel, pieces)

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Linden

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Lotus

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Lovage roots

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Lychee (blossoms, juice granules, leaves, pieces)

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Mace

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Mallow

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Mandarin (blossoms, juice granules, leaves, peel, pieces)

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Mango (juice granules, leaves, pieces)

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Marigold

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Marjoram

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Marsh mallow

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Meadowsweet

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Melissa

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Melon (blossoms, juice granules, leaves, pieces)

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Mint

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Moringa

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Mustard (black, brown, white)

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Nasturtium

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Neem

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Nettle

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Nigella

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Nutmeg

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Oat

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Orange (blossoms, juice granules, leaves, peel, pieces)

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Oregano
Orthosiphon
Paprika
Parsley
Passion fruit (blossoms, juice granules, leaves, pieces)
Patchouli
Peach (blossoms, juice granules, leaves, pieces)
Pear (blossoms, juice granules, leaves, pieces)
Peony (blossom)
Pepper (black, white)
Pepper (sweet)
Peppercorns
Peppermint
Pimento
Pineapple (juice granules, leaves, pieces)
Plum (blossoms, juice granules, leaves, pieces)
Pomegranate (juice granules, leaves, pieces)
Poppy seed
Primrose
Psyllium
Raspberry (juice granules, leaves, pieces)
<b>Red clover (blossoms)</b>

Rhubarb
Ribwort
Ribwort Plantain
Rose (petals)
Rose hip
Rosemary
Rue
Safflower
Saffron
Sage
Salvia
Sarsaparilla
Sassafras
Savory
<b>Seabuckthorn berry</b>
Sesame
Sessile Joyweed / waterplant
Silver lime / Silver linden
<b>Solidago virgaurea</b>
<b>Sorghum</b>
Sorrel
Spearmint
Spinach (dried)
St. John's wort
Star Anise
Stevia
Stinging nettle
Stone Linden

Strawberry (blossoms, juice granules, leaves, pieces)
Sunflower
Sweet blackberry (juice granules, leaves, pieces)
Sweet Fennel
Taiga root
Tangerine (blossoms, juice granules, leaves, peel, pieces)
Tarragon
Terminalia
Thyme
Tulsi
Turmeric
Valerian
Vanilla
Vasaka
Vegetable hummingbird
Verbena
Wasabi
Welpenela / Weipenela (leaves)
Wild pear (blossoms, juice granules, leaves, pieces)
Willow bark
Willow herb
Yarrow
Yerba Mate

## Scale Up Plan:

	From 2020 to 31 Dec 2021	From 1 Jan 2022 to ...	From ...
<b>Certified content threshold</b>	40%	50%	